

# Take your health to heart

Schedule your free blood pressure, cholesterol, and diabetes screenings

**Preventive care keeps you healthy. And it's covered.\***

Stop serious conditions like heart disease and stroke before they even start by keeping key screenings top-of-mind.



**Annual Routine Checkup**



**Diabetes (Type 2) Screening**



**Annual OB/GYN Visit**



**Immunizations**



**Cholesterol Screening**



**Mammography Screening**



**Colorectal Cancer Screening**



**Well-Child Visit**

See the full list of preventive care services available to you at [UniveraHealthcare.com/PreventiveCare](https://UniveraHealthcare.com/PreventiveCare)



Download the **Univera Healthcare app** and register your online account.

\* A well visit or preventive service can sometimes turn into a "sick visit," in which out-of-pocket expenses for deductible, copay and/or coinsurance may apply. There may also be other services performed in conjunction with the above preventive care services that might be subject to deductible, copay and/or coinsurance. Does not include procedures, injections, diagnostic services, laboratory and X-ray services, or any other services not billed as preventive services.

Our Health Plan complies with federal civil rights laws. We do not discriminate on the basis of race, color, origin, age, disability, or sex. Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted. Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros. 注意：如果您说中文，我们可为您提供免费的语言协助。请参见随附的文件以获取我们的 联系方式。

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