

Men's Health Quiz

1. The most common cancer for men is:
 - ☐ Colon cancer
 - ☐ Prostate cancer
 - ☐ Lung cancer
 - ☐ Skin cancer
2. Men can't get breast cancer.
 - ☐ True
 - ☐ False
3. Men live, on average, 6 years longer than women.
 - ☐ True
 - ☐ False
4. Men are how many times more like to die by suicide than women?
 - ☐ Two
 - ☐ Three
 - ☐ Four
 - ☐ Five
5. What percent of men have high blood pressure?
 - ☐ 23%
 - ☐ 41%
 - ☐ 52%
 - ☐ 78%
6. More than half of men do not get regular preventive care.
 - ☐ True
 - ☐ False
7. What causes erectile dysfunction? Check all that apply
 - ☐ Diabetes
 - ☐ Alcohol abuse
 - ☐ Depression
 - ☐ Smoking
 - ☐ High blood pressure
8. Over half of men with diabetes are affected by erectile dysfunction.
 - ☐ True
 - ☐ False
9. Which of these common symptoms of depression in men are different than symptoms typically seen in women?
 - ☐ Feeling sad or hopeless
 - ☐ Anger, irritability, or aggression
 - ☐ Loss of interest in work, family, and activities
10. What is the leading cause of death among men, accounting for almost 1 out of 4 deaths?
 - ☐ Unintentional injuries
 - ☐ Cancer
 - ☐ COVID-19
 - ☐ Heart Disease
 - ☐ Erectile Dysfunction
 - ☐ Suicide