

READ ME FIRST

Men's Health

Listed below are the sources used for the article, resources for promoting this topic with employees, and additional resources if you want more information.

Sources used for the article:

1. https://www.cdc.gov/nchs/pressroom/nchs_press_releases/2022/20220831.htm
2. <https://www.cdc.gov/nchs/data/vsrr/vsrr023.pdf>
3. [https://www.ajpmonline.org/article/S0749-3797\(18\)32122-6/fulltext](https://www.ajpmonline.org/article/S0749-3797(18)32122-6/fulltext)
4. <https://www.cdc.gov/msmhealth/stigma-and-discrimination.htm>

Here are some ways you can support your employees this month (resources attached):

- Share the men's preventive care checklist and find a doctor tool with employees
- Use the Men's Health Quiz as a fun way to engage employees on the topic. The questions (and answers) are included with the resources, or share this link:
https://www.surveymonkey.com/r/Mens-Health_6-23

Here are some additional resources:

- Centers for Disease Control and Prevention (CDC):
 - [Men's Health Stats](#)
 - [Gay and Bisexual Men's Health](#)
 - [Transgender Health](#)