Home for the holidays

Don't be the Grinch this holiday season by wearing yourself out with all you need to get done. Try to get an early start on your shopping, or avoid crowded malls by ordering gifts online. Make holiday gift wrapping and baking a family affair, or go ice skating with friends on a Friday night. By pacing yourself and planning ahead, the holidays can be a fun, carefree time of the year to really enjoy time with the ones you love.

After the glitter and gifts, most people will remember the good times spent with family and friends. Memories don't cost a thing – they are priceless.

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