

# Facts About Colon Cancer Screening

**Colon cancer**  
is the  
**2nd leading cause**  
**of cancer deaths**  
among U.S. adults

**1 in 20 people**  
develops colon cancer  
in their lifetime

Colon cancer can often  
be prevented through  
regular screenings

**Screening is**  
**recommended for**  
**adults ages 45-75**

If you have risk  
factors (inflammatory  
bowel disease, family  
history of colon cancer,  
history of polyps)  
**you may need to be**  
**screened earlier**  
**or more often**

Colonoscopy is the  
**most thorough test**  
and is proven  
to detect disease

Colonoscopy is  
recommended  
**every 10 years**  
if no polyps  
are found

Several other screening  
tests may be recommended  
or available to you  
**Ask your doctor**

**Screening tests**  
**are covered health**  
**insurance benefits**

**Get screened. It could save your life.**

To learn more about screening and which test may be best  
for you, talk with your doctor or visit [www.CDC.gov](http://www.CDC.gov) and search  
for "colon cancer"

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