Get ready for better care – anywhere

Your Wellframe® Quick Start Guide

Free to all Univera Healthcare members, the Wellframe® app gives you instant access to our dedicated team of nurses, dietitians, and other health care professionals to help you get healthier on your schedule.

Here's all you have to do:

1 Download the Univera Healthcare app and register your online account.

2 Open your Univera Healthcare app and click the settings icon on the top right.

3 Click Member Apps from the settings menu.

4 Click Wellframe® and enter code "UNIVERACHAT" to download.

Health care experts and support at your fingertips

Once you download Wellframe®, you're ready to:

- Connect with and text our dedicated team of health care professionals at any time
- Create a personalized health plan and track progress
- Receive daily tips, reminders, and videos
- Join programs within the app for additional support

Download on the App Store

GET IT ON Google Play

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